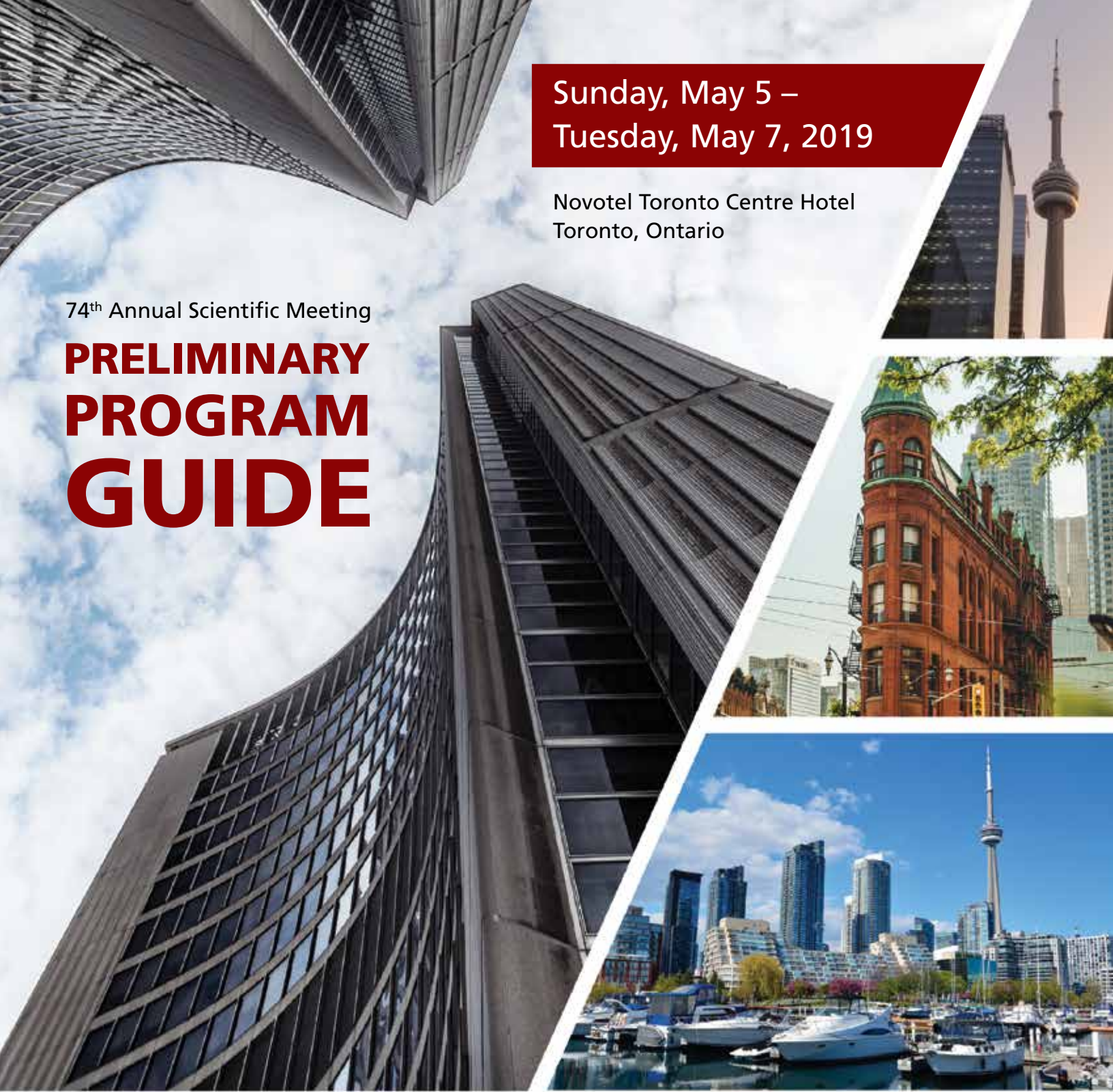


Sunday, May 5 –  
Tuesday, May 7, 2019

Novotel Toronto Centre Hotel  
Toronto, Ontario

74<sup>th</sup> Annual Scientific Meeting

# PRELIMINARY PROGRAM GUIDE



CLIMOA  ACDMAV

CANADIAN LIFE INSURANCE  
MEDICAL OFFICERS ASSOCIATION

[www.climoa.com](http://www.climoa.com)



## MESSAGE FROM THE PRESIDENT



Dear Friends and Colleagues,

On behalf of CLIMOA, I am pleased to invite you to our 74<sup>th</sup> Annual Scientific Meeting that will take place from Sunday, May 5, to Tuesday, May 7, 2019, at the Novotel Toronto Centre Hotel located in downtown Toronto.

Situated on the northwestern shore of Lake Ontario, Toronto is recognized as one of the most cosmopolitan cities in the world and a centre of business, finance, arts and culture.

Our scientific chair, Dr. Eموke Posan, and her committee have worked with enthusiasm to finalize the program and have invited speakers from major life insurance companies and medical faculties of prestigious universities in Toronto, Hamilton and Montreal. The program

includes a multitude of topics of high interest in clinical practice and insurance medicine, such as concussions, childhood leukemia, lymphomas, HIV mortality, echocardiograms, electrocardiograms and opioids. As an added initiative this year, we will have a panel discussion in an open forum led by recognized experts in insurance medicine who will be presenting challenging insurance cases.

Following our sessions on Sunday afternoon, you are invited for a drink and hors d'oeuvres at our welcome reception at the Novotel, after which you will have a free evening to enjoy dinner at one of the many wonderful restaurants in Toronto. Monday evening you will not want to miss our dinner at 360 The Restaurant at the CN Tower where you will enjoy fine dining with a spectacular revolving view of Toronto.

It would be my pleasure to personally greet all of you at CLIMOA 2019.

## MOT DE LA PRÉSIDENTE

Chers collègues et amis,

Au nom de l'ACDMAV, j'ai le plaisir de vous convier à notre 74<sup>e</sup> réunion scientifique annuelle, qui se tiendra du dimanche 5 mai au mardi 7 mai 2019 à l'hôtel Novotel du centre-ville de Toronto. La capitale ontarienne, située sur la rive nord-ouest du lac Ontario, est reconnue comme l'une des villes les plus cosmopolites de la planète, et c'est un carrefour important du monde des affaires, de la finance, des arts et de la culture.

Notre comité scientifique, présidé par la Dre Eموke Posan, a pris grand plaisir à finaliser la programmation. Le comité a invité des conférenciers travaillant pour de grandes compagnies d'assurance-vie ainsi que pour des facultés de médecine affiliées à de prestigieuses universités de Toronto, Hamilton et Montréal. Le programme couvrira une multitude de sujets d'importance pour la pratique médicale et la médecine d'assurance, comme les commotions cérébrales, la leucémie infantile, les lymphomes,

la mortalité due au VIH, les échocardiogrammes, les électrocardiogrammes et les opioïdes. De plus, cette année, nous aurons droit à une table ronde dans le cadre d'un forum ouvert qui sera mené par des experts réputés dans le domaine de la médecine d'assurance; ces derniers étudieront avec nous des cas épineux et fascinants.

Après nos séances du dimanche après-midi, vous serez invités à prendre un verre dans le cadre de notre réception d'accueil au Novotel, où des hors-d'œuvre seront également servis; par la suite, vous profiterez d'une soirée libre pour manger dans l'un des nombreux restaurants prisés de Toronto. Assurez-vous de ne pas manquer notre souper du lundi soir au Restaurant 360 de la Tour CN : ce sera l'occasion de déguster un délicieux repas tout en contemplant l'imprenable panorama torontois.

J'espère que vous serez présents en grand nombre! Je serais ravie de vous saluer en personne.



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Aurora Hollo, MD  
CLIMOA President 2018–2019  
Présidente de l'ACDMAV, 2018–2019

## PROGRAM AT A GLANCE

### Sunday, May 5

10:30–18:00	Registration	Champagne Foyer
10:30–11:30	Light Lunch	Champagne Foyer
11:30–12:00	Welcome and Opening Remarks	Champagne Ballroom
12:00–17:15	Scientific Sessions	Champagne Ballroom
17:15–19:00	Welcome Reception	Champagne Foyer or Terrace

### Monday, May 6

07:00–08:00	Breakfast	Champagne Ballroom
08:00–11:50	Scientific Sessions	Champagne Ballroom
11:50–12:55	Lunch	Champagne Ballroom
13:00–17:30	Scientific Sessions	Champagne Ballroom
19:00–22:00	Dinner	360 The Restaurant at the CN Tower

### Tuesday, May 7

07:00–08:00	Breakfast	Champagne Ballroom
08:00–11:40	Scientific Sessions	Champagne Ballroom
11:45–13:00	Lunch and CLIMOA AGM	Champagne Ballroom
13:05–15:30	Scientific Sessions	Champagne Ballroom

All sessions will be conducted in English.

The program is accurate as of November 30, 2018, and is subject to change. The CLIMOA 2019 Planning Committee reserves the right to modify the information as required and without notice.

### SCIENTIFIC PROGRAM COMMITTEE

**Dr. Aurora Hollo**

Swiss Reinsurance Company Ltd.  
President, CLIMOA 2018–2019

**Dr. Eموke Posan**

Great-West Life | London Life | Canada Life  
Chair, CLIMOA 2019 Scientific  
Program Committee

**Dr. Philip Baer**

Ivari

**Dr. Tea Mamaladze**

Consultant

**Dr. Kim Minish**

Great-West Life Assurance Company

**Dr. Howard Minuk**

BMO Life Assurance Company

**Dr. Akbar Panju**

McMaster University



## SCIENTIFIC PROGRAM

## SUNDAY, MAY 5

Welcome and Opening Remarks 11:30–12:00

**AURORA HOLLO, MD**

President, CLIMOA 2018–2019

Medical Manager, Vice President, Life & Health Products, Swiss Reinsurance Company Ltd.  
Toronto, Ontario

Cardiomyopathies That Are NOT Related to Alcohol and NOT IHSS / ASH/HOCM 12:00–12:50

**KIM A. CONNELLY, MD, MBBS, PHD, FRACP**

Associate Professor of Medicine, University of Toronto

Director, Krembil Stem Cell Facility, St. Michael's Hospital;

President, Canadian Society of Cardiovascular Magnetic Resonance

Toronto, Ontario

Frailty: Considerations in Underwriting the Elderly 12:50–13:40

**RUBIN BECKER, MD, FRCPC**

Medical Consultant, Manulife;

Associate Professor of Medicine, McGill University;

Director, Division of General Internal Medicine, Jewish General Hospital

Montreal, Quebec

Refreshment Break 13:40–14:05

TBC – Industry Related Talk 14:10–15:00

**MONICA WILSON, MD, DBIM**

Chief Medical Officer, Senior Vice President, Life & Health Products,

Swiss Reinsurance Company Ltd.

Toronto, Ontario

Prostate Cancer Treatments (ex. HIFU, Laser Ablation) Mortality/Survival  
Compared to Radical Prostatectomy 15:00–15:50

**BOBBY SHAYEGAN, MD, FRCSC**

Associate Professor, Department of Surgery (Urology), McMaster Institute of Urology

St. Joseph's Healthcare, McMaster University

Hamilton, Ontario

A Medical Perspective on the Future of Mortality Improvement 15:50–17:15

**JOHN LEFEBRE, MD, FRCPC**

Vice President and Medical Director, Global Support Team

RGA Reinsurance Company

**GEORGIANA PASCUTIU, MD, DBIM**

Medical Director, Global Support Team

RGA Reinsurance Company

**SCIENTIFIC PROGRAM** *continued***MONDAY, MAY 6**

**CV Risk Stratification – What’s New: Non-Traditional Risk Factors** 08:00–08:50

**BETH L. ABRAMSON, MD, MSc, FRCPC, FACC**

Associate Professor of Medicine, University of Toronto  
 Director, Cardiac Prevention and Rehabilitation Centre and Women’s  
 Cardiovascular Health, Division of Cardiology, St. Michael’s Hospital  
 Toronto, Ontario

**Update on Medical and Non-Medical Use of Cannabinoids** 08:50–09:40

**HANCE CLARKE, MD, PhD, FRCPC**

Anesthesiologist, University of Toronto, Toronto General Hospital;  
 Director of Pain Services and Transitional Pain Service, University Health Network  
 Toronto, Ontario

**Refreshment Break** 09:40–10:05

**Myths and Reality of Concussion – Morbidity and Mortality Impact** 10:10–11:00

**CHARLES H. TATOR, OC, MD, PhD, FRCSC, FACS**

Professor of Neurosurgery, University of Toronto, Toronto Western Hospital;  
 Director, Canadian Concussion Centre  
 Toronto, Ontario

**Echo for CMOs Beyond the Basics** 11:00–11:50

**CHI MING CHOW, MD, CM, MSc, FRCPC, FACC, FASE**

Professor, Department of Medicine, University of Toronto  
 St. Michael’s Hospital  
 Toronto, Ontario

**Lunch** 11:50–12:55

**Dementia** 13:00–13:50

**MICHELINE GAGNON, MD, BSc, MEd, FRCPC, FACP**

Professor, Division of Geriatric Medicine, Department of Medicine, McMaster University;  
 Head, Geriatrics, St. Joseph’s Healthcare  
 Hamilton, Ontario

**SCIENTIFIC PROGRAM** *continued***MONDAY, MAY 6** *continued*

**Adult Congenital Heart Disease: Successes and Challenges** 13:50–14:40

**ERWIN OECHSLIN, MD, FRCPC, FESC**

Director, Adult Congenital Heart Disease Program, Peter Munk Cardiac Centre;  
Past-President, International Society for Adult Congenital Heart Disease  
Toronto, Ontario

**Long-term Survivors – Childhood Leukemias, Solid Tumors** 14:40–15:30

**RONALD BARR, MB ChB, MD, FRCP (Glasg), FACP, FRCP (Lond),  
FRCPath, FRCPC, FRCPC**

Professor of Pediatrics, Pathology and Medicine, McMaster University  
Hamilton, Ontario

**Refreshment Break** 15:30–15:45

**Breast Imaging 2019** 15:50–16:40

**TERRY MINUK, MD, FRCPC**

Associate Clinical Professor, Department of Radiology, McMaster University;  
Staff Radiologist, Juravinski Hospital;  
Head, Breast Imaging, Hamilton Health Sciences Centre  
Hamilton, Ontario

**Update on HIV Mortality and Morbidity** 16:40–17:30

**ISAAC I. BOGOCH, MD, MSc**

Associate Professor, Department of Medicine, University of Toronto  
Toronto, Ontario

**TUESDAY, MAY 7**

**2019 Update: What's New in Non-Hodgkin Lymphoma Treatment and Prognosis** 08:00–08:50

**NEIL L. BERINSTEIN, MD, FRCPC, ABIM**

Professor of Medicine, University of Toronto;  
Oncologist, Sunnybrook Health Sciences Centre  
Toronto, Ontario

**Liquid Biopsies: Will Anything Change?** 08:50–09:40

**TIM MEAGHER, MB, FRCPC, FACP, FRCPI**

Vice-President and Medical Director, Munich Re Canada  
Montreal, Quebec

**Refreshment Break** 09:40–09:55

**SCIENTIFIC PROGRAM** *continued***TUESDAY, MAY 7** *continued*

Update on Opioid Crisis 10:00–10:50

**DAVID JUURLINK, MD, PhD, FRCPC**

Professor, Department of Medicine and Pediatrics, University of Toronto;  
Scientist, Sunnybrook Research Institute  
Divisions of General Internal Medicine and Clinical Pharmacology,  
Sunnybrook Health Sciences Centre;  
Medical Toxicologist, Ontario Poison Information Centre, The Hospital for Sick Children  
Toronto, Ontario

EKG – Can You Make Sense of This EKG? 10:50–11:40

**EMOKE POSAN, MD, PhD**

Assistant Medical Director, Great-West Life | London Life | Canada Life  
London, Ontario

Lunch and CLIMOA AGM 11:45–13:00

Childhood Obesity 13:05–13:55

**KATHERINE M. MORRISON, MD, FRCPC**

Associate Professor, Department of Pediatrics;  
Co-Director, MAC-Obesity (Metabolism and Childhood Obesity Research Program)  
McMaster University  
Hamilton, Ontario

Panel Discussion 13:55–15:20

**KIM MINISH, MD, CCFP, FCFP**

Assistant Medical Director, Great-West Life Assurance Company  
Winnipeg, Manitoba

**HOWARD L. MINUK, MD, FRCPC, ABIM**

Medical Director, BMO Life Assurance Company  
Toronto, Ontario

**FRANÇOIS SESTIER, MD, PhD, FACC, DBIM, CIME**

Medical Director, Blue Cross/Canassurance  
Montreal, Quebec

Closing Remarks 15:20–15:30

**AURORA HOLLO, MD**

President, CLIMOA 2018–2019  
Medical Manager, Vice President, Life & Health Products, Swiss Reinsurance Company Ltd.  
Toronto, Ontario

## REGISTRATION FEES

Category	By April 5	After April 5
Member	\$1,125	\$1,225
Non-Member	\$1,325	\$1,425
Spouse / Guest	\$275	\$295
Underwriter	\$600	\$700
Emeritus / Retired Member	Complimentary	Complimentary
Single Day: Sunday	\$395	\$450
Single Day: Monday or Tuesday	\$495	\$550

**Member / Non-Member** registration fees include: attendance at all scientific sessions, 2 breakfasts (Monday and Tuesday), 3 lunches (Sunday, Monday and Tuesday), 1 reception (Sunday), 1 dinner (Monday).

**Spouse / Guest** registration fees include: 2 breakfasts (Monday and Tuesday), 1 reception (Sunday), 1 dinner (Monday).

**Underwriter / Emeritus / Retired Member** registration fees include: attendance at all scientific sessions, 2 breakfasts (Monday and Tuesday), 3 lunches (Sunday, Monday and Tuesday). Tickets to the reception on Sunday and the dinner on Monday must be purchased separately.

**Single Day Sunday** registration fees include: attendance at scientific sessions, lunch and reception on Sunday.

**Single Day Monday or Tuesday** registration fees include: attendance at scientific sessions, breakfast and lunch on selected day. Tickets to the dinner on Monday must be purchased separately.

## CANCELLATION POLICY

Refunds of registration fees, less a \$100 administration fee, will be issued for cancellations received by **Friday, April 5, 2019**. No refunds will be issued after this date. If you are unable to attend, you may substitute someone in your place. All cancellations and substitution requests must be received in writing. Refunds will be processed after the meeting.





## EVENING SOCIAL EVENTS

*\* If you are registering as a Member, Non-Member or Spouse / Guest, one ticket to each of these events is already included in your registration fee.*

*\* If you are registering as an Underwriter, Emeritus / Retired Member or for a Single Day, tickets to the reception on Sunday and the dinner on Monday must be purchased separately (except the Single Day Sunday registration includes the reception that evening).*

### Welcome Reception ▲ Sunday, May 5

**\$50** (\* if not included in registration fee)

Sunday, May 5

17:15–19:00

Novotel Toronto Centre Hotel, Champagne Foyer or Terrace

Join your colleagues for a drink and a variety of tasty hors d'oeuvres, after which you will have a free evening to enjoy dinner at one of the many wonderful restaurants in Toronto.

### Dinner at 360 The Restaurant at the CN Tower ▲ Monday, May 6

**\$125** (\* if not included in registration fee)

Monday, May 6

19:00–22:00 (meet in the hotel lobby at 18:30 for a 20-minute walk)

360 The Restaurant at the CN Tower

Join us as we walk for approximately 20 minutes to Toronto's iconic landmark, the CN Tower, then ride a glass-fronted elevator to the top of this architectural, engineering and construction wonder in 58 seconds. This memorable evening will feature fine dining combined with a spectacular revolving view of Toronto more than 351 metres below. When it comes to breathtaking event locations, the CN Tower literally tops the list!

## HOST HOTEL



Novotel Toronto Centre Hotel  
45 The Esplanade  
Toronto, Ontario  
M5E 1W2

Phone: 416-367-8900  
Fax: 416-360-8285  
Email:  
novotel.torontocentre@accor.com  
Website: www.novotel.com

**TO RESERVE YOUR ROOM:**  
Phone the hotel directly at  
416-367-8900 and refer to  
the Canadian Life Insurance  
Medical Officers Association  
to ensure you receive our  
preferred group rate.

A limited number of hotel rooms have been secured for our group at a special rate of **\$229 for a Standard Room**. The rate is per room, per night, single or double occupancy, plus applicable taxes and fees – currently 13% Harmonized Sales Tax (HST) and 4.52% Municipal Accommodation Tax (MAT).

Our group rate will only be available until **Friday, April 5, 2019, or until our group block is sold out**, whichever comes first. After that point, any new reservation will be subject to availability at the daily rate applicable at the time of reservation.

Individuals are responsible for their own hotel room reservations and for their own room, tax and incidental charges. All charges must be paid upon checkout.

Be sure to reconfirm your departure date upon check-in; otherwise, an early departure fee may apply.

Cancellation or modification of a reservation will be accepted by the hotel up to three (3) days or 72 hours prior to arrival. Cancellation after that time will be subject to a charge in the amount of one night's room and tax.

Check-in begins at 3:00 p.m.; checkout time is 12:00 p.m.



## HOST HOTEL

The Novotel Toronto Centre Hotel is a 100% non-smoking hotel featuring 262 spacious contemporary guest rooms with one king or two queen beds. It offers a business centre and complimentary Wi-Fi access is available in guest rooms, meeting rooms and common areas of hotel. Hotel amenities include a fitness centre, indoor pool, hot tub and sauna. Breakfast, lunch and dinner are served in a comfortable stylish setting at the Cafe Nicole and the understated elegance of the lobby bar is the perfect setting for a nightcap.

The hotel is conveniently located downtown in the heart of old Toronto, steps away from the historic St. Lawrence Market with over 100 vendors, bakers, butchers and artisans; the Sony Centre for the Performing Arts presenting world-class music and dance; and

the Hockey Hall of Fame showcasing the history of Canada's great game and cultural export with an outstanding combination of treasured artifacts, multi-media exhibits and interactive games. It is situated within easy walking distance to the beautifully restored Distillery Historic District, an inspired blend of Victorian industrial architecture and stunning 21<sup>st</sup> century design featuring premier arts, culture and entertainment with one-of-a-kind stores, shops, galleries, studios, restaurants, cafés, theatres and more; the Harbourfront Centre, a multidisciplinary artistic and cultural hub showcasing works in contemporary visual arts, crafts, literature, music, dance and theatre; and near many more of the city's major attractions and a vast array of entertainment, dining and shopping options.



## TRAVEL

Pearson International Airport is Canada's principal airport with travel connections to every continent. UP Pearson Express train departs from Pearson airport to Union Station every 15 minutes. The trip takes 25 minutes at a one way cost of \$12.35 CAD and the hotel is a 5 minute walk from Union Station. Follow the signs at Pearson airport to catch the train, it is a seamless transfer to downtown Toronto.

Billy Bishop Toronto City Airport is one of the most convenient urban airports in the world, located on Toronto Island minutes from the downtown core. It is served by Porter Airlines with air connections to destinations including Ottawa, Montreal, Quebec City, Halifax, New York City (Newark) and Chicago, as well as Air Canada to Montreal. Take the complimentary shuttle to Union Station and then the hotel is a 5 minute walk.

If rail travel is preferred, VIA Rail and AMTRAK bring visitors into the heart of the city each day. Toronto's Union Station is centrally located downtown and connects to the subway by underground tunnel.

The Novotel Toronto Centre Hotel is located approximately 28 kilometres from Toronto Pearson International Airport, 3 kilometres from Billy Bishop Toronto City Airport, and 600 metres from Toronto Union Train Station.

Several highways link surrounding cities to Toronto, including Highways 2, 401, 407 and the Queen Elizabeth Way. The nearest Canada-U.S. border crossings are at Niagara Falls, Fort Erie and Windsor. Parking is available at the Novotel Toronto Centre Hotel.

### [Map and Directions](#)



## TORONTO



Toronto is the largest city in Canada and the fourth-largest city in North America, after Mexico City, New York and Los Angeles. Centrally located between New York, Chicago and Montreal, Toronto is within a 90-minute flight for over half the U.S. and Canadian population.

It is a global centre of business, finance, entertainment, arts and culture, and one of the most diverse cities in the world. A sophisticated, multicultural, cosmopolitan city, Toronto was named a Top 10 Travel Destination in 2016 by the New York Times. Immerse yourself in one of the world's most vibrant cities and enjoy upscale shopping, trendy restaurants, performing arts, museums and art galleries.

Tourism Toronto: [www.seetorontonow.com](http://www.seetorontonow.com)

### ENQUIRIES

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Website: [www.climoa.com](http://www.climoa.com)



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## GOLD



## SILVER

